REPLACING KNEE REPLACEMENT

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DISCLOSURES

New Practice - Concierge

Sports Medicine Fellowship Training

Bad problems in young people

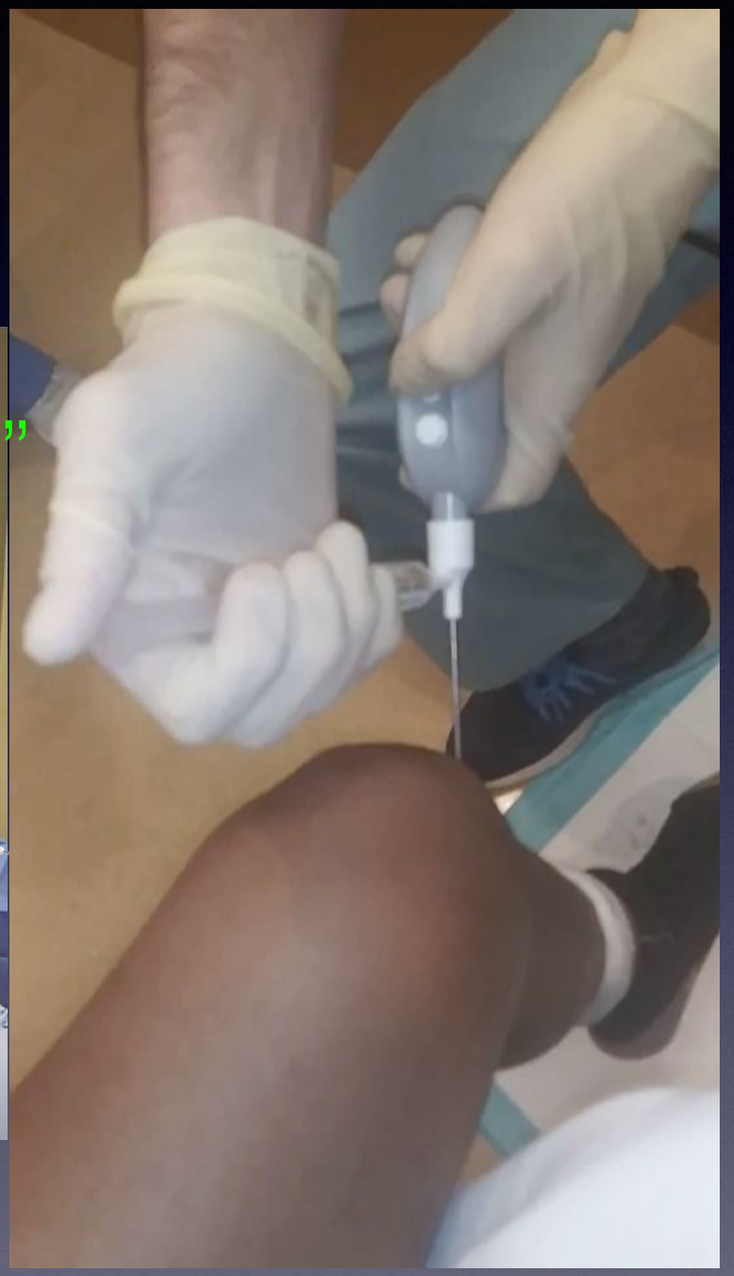
HISTORICAL REALITY

- Degenerative knee arthroscopy = Placebo
  - Moseley 2002, Kirkley 2008 NEJM
- TKA - 66% feel normal
  - Parvizi 2014

OPTIONS….

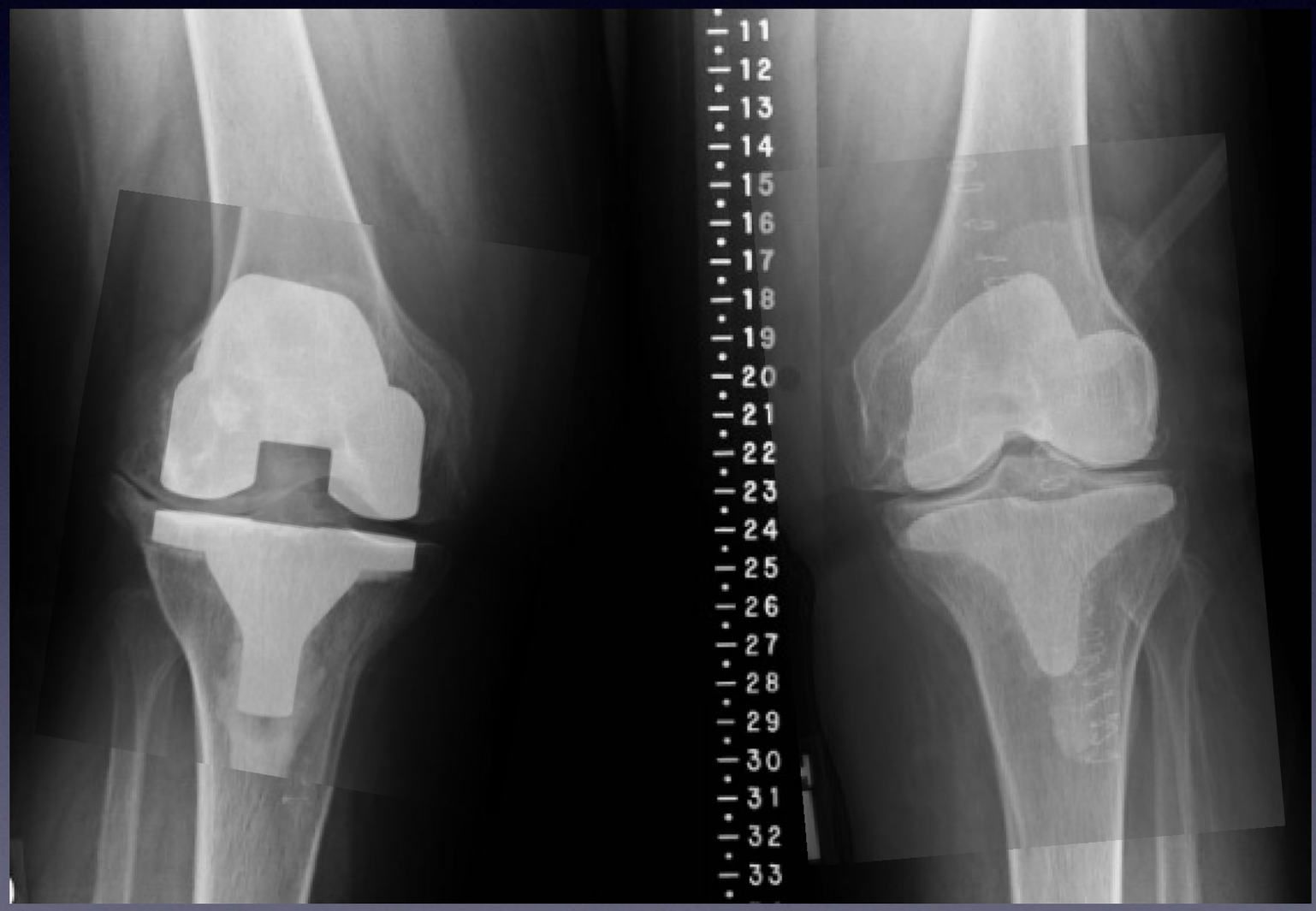
- Arthroscopy
- Microfracture/Bio-Cartilage
- Osteotomy
- Fresh Allograft/Cartiform
- UKA
- Bio-Plasty
- BiUKA
- TKA

NANO ARTHROSCOPY



The New TKA

- Anatomy
- Technique
- Pain
- Stiffness
- Outcomes



CONCLUSION

- Knee OA is a spectrum
- Many Surgical Options
- One size fits all strategy defies logic

"See? The idiots put my danged knee replacement in backward!"

THANK YOU

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