

MED TALKS



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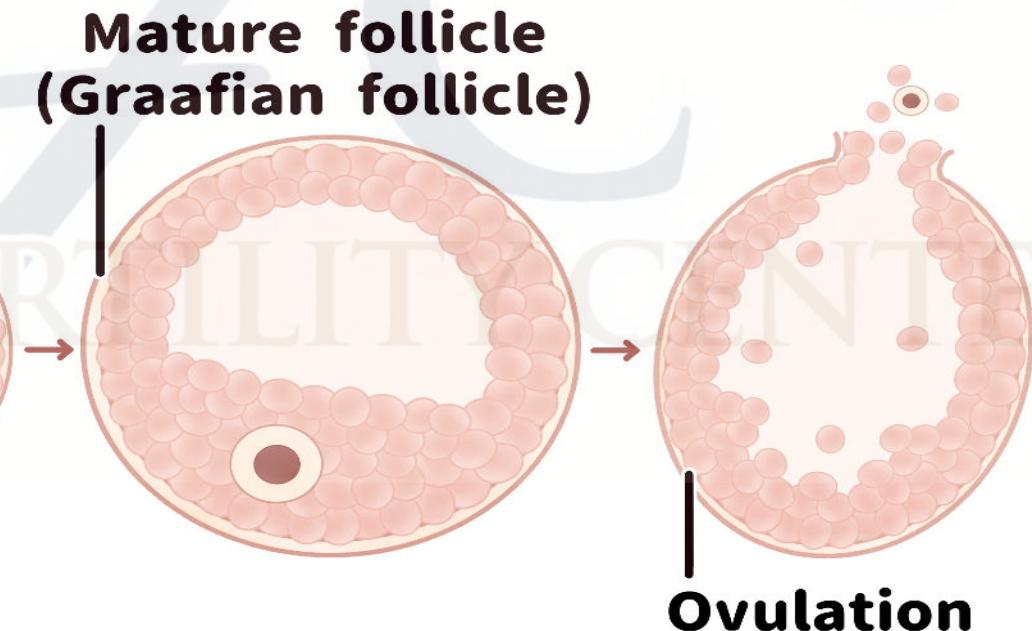
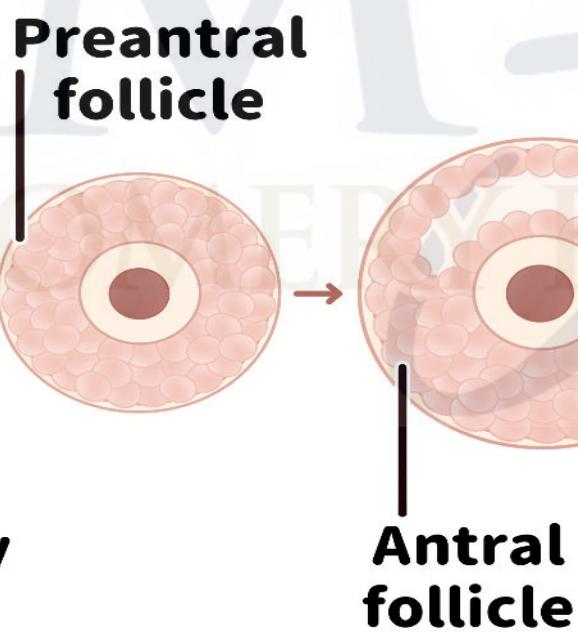
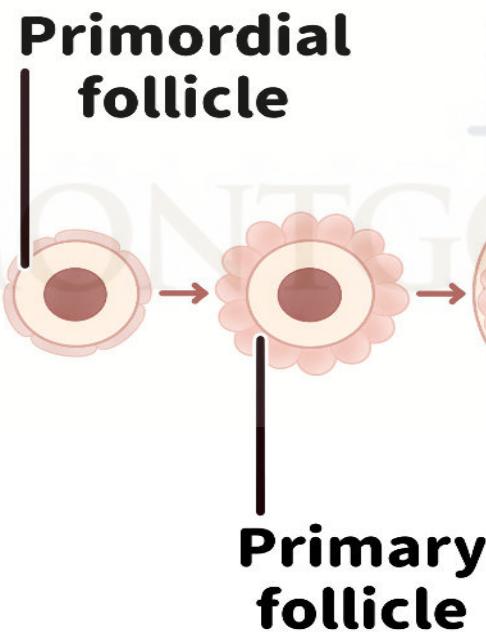


When Things Go Wrong

- **Female Pathologies**
- Blocked tubes (infection, scarring)
- PCOS (hormonal imbalance, irregular cycles)
- Endometriosis (painful periods, scar tissue)
- Fibroids or uterine damage

Early Activation 200-370 Days

Follicle Development



When Things Go Wrong

- **Male Pathologies**
- Low sperm count or motility
- **Mumps orchitis** damaging sperm production
- Varicocele (vein swelling around testes)
- Heat, toxins, or radiation exposure

Environment & Lifestyle

Environmental & Lifestyle Factors

- Toxins, pesticides, radiation
- Heat exposure to testes (saunas, laptops)
- Smoking, alcohol, obesity, poor diet
- Stress and lack of sleep also impact fertility



FERTILE WALK 2025

hosted by **Montgomery Fertility Center** in collaboration with the **Walk With a Doc**

Planting Hope, One Step at a Time

Because 1 in 6 Should Never Walk Alone

October 18, 2025 | Saturday, 9:00 AM
3202 Tower Oaks Blvd, Rockville, MD 20852

Contact:
faqmfc@gmail.com or 301-946-6962



[RSVP here](#)

HIGHLIGHTS INCLUDE:

- A 5K walk + guided stretch led by local fitness pros
- Talks from fertility and wellness experts
- Raffle prizes: an IVF cycle, egg freezing cycle, and signed copies of *The Quest for Fertility* (coming March 2026!)
- Community vendor booths and custom event T-shirts



Tower Oaks Professional Park
3202 Tower Oaks Blvd | Suite 370 | Rockville, MD 20852



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www.montgomeryfertilitycenter.com

