



FOR IMMEDIATE RELEASE

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## **Montgomery County Medical Society Installs Alan Gonzalez Cota, M.D., as New President**

*Aruna Nathan, M.D., completes her term at the April 29 Installation & Annual Meeting, as MCMS welcomes new Executive Director James Bryant*

ROCKVILLE, Md. (April 29, 2026) — Montgomery County Medical Society (MCMS) today installed Alan Gonzalez Cota, M.D., as its new president at the organization’s 123<sup>rd</sup> Installation & Annual Meeting. Dr. Gonzalez Cota, a spine and pain medicine specialist, succeeds Aruna Nathan, M.D., an internist and lifestyle medicine physician who served as MCMS president during the 2025–2026 year.

During her tenure, Dr. Nathan spearheaded the completion of a strategic plan for MCMS that embraced and integrated the voices of physician members. She has been a consistent voice for Montgomery County physicians on public health and policy issues such as access to quality medical care and physician workforce challenges.

“I am grateful for my time as MCMS President, and excited to “pass the torch” on to Dr. Gonzalez Cota,” stated Dr. Nathan. “It was my honor to represent the physicians of Montgomery County and elevate their concerns and challenges during this unique time in Maryland and Montgomery County’s history. Leading MCMS during this critical strategic planning period allowed me the unique opportunity to help shape the future of our medical society.”

Dr. Gonzalez Cota is a distinguished spine and pain specialist, triple board-certified in Interventional Pain Practice (FIPP), Clinical Pain Medicine, and Anesthesiology. At Clearway Pain Solutions, he leads the charge in innovative pain management, leveraging his expertise as a Fellow of Interventional Pain Practice at the World Institute of Pain.

He will lead the society as it continues to implement the vision and goals of the strategic plan developed by previous MCMS Presidents.

“As a spine and pain specialist, I bring a new perspective to the presidency that will benefit our membership as a whole,” noted Dr. Gonzalez Cota. “Our strategic plan, along with our new programs and leadership opportunities, will benefit all physicians in our County regardless of practice model, employment status, experience level or specialty.”

The Installation of Officers & Annual Meeting also marked the formal introduction of James Bryant, MBA, PMP as MCMS's new Executive Director. Mr. Bryant succeeds Susan D'Antoni, FAAMSE, longtime Executive Director and CEO of MCMS, who retired after 20 years of service to the Society.

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### **About the Montgomery County Medical Society**

Montgomery County Medical Society (MCMS) represents physicians across Montgomery County, Maryland. It unites, strengthens, and advocates for our physician community through education, collegiality and service, and encourages sharing of best practices to promote equitable, high quality, accessible healthcare.

MCMS plays a vital role in the Montgomery County healthcare environment by supporting and encouraging physician professional satisfaction and effectiveness in the delivery of equitable, high quality, accessible healthcare to their patients. Learn more at [montgomerymedicine.org](http://montgomerymedicine.org).

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